

Action Planning Form

Date:

Planning
Game to play:
Self-regulation skill(s) to focus on (i.e., attention/cognitive flexibility, working memory, inhibitory control):
How will you play the game (e.g. when? where? whole group? small group?):
How will you prepare? (e.g., gather resources, consider comments you'll make and questions you'll ask, and prompts you'll use.)

Implementing

How will you simply and concretely introduce the game and rules?

What steps will you use to support children's self-regulation? (Model self-regulation, Increase complexity over time, Provide opportunities to be successful, Give supportive feedback)

Plan to review progress

How will you know if you achieved your goal?

Date to review plan and assess progress:

Reflect (after assessing progress, choose the description that fits best)

Date:

I successfully used this practice.

- How do you know it went well? (e.g., how did children respond?)

I am making progress using this practice, but I still need work on it

- What did you learn from trying this practice?

- What would you do differently next time?

I need to revise my plan in order to successfully use this practice.

- How will you change your plan to try again? (e.g., include more preparation, consult your coach)